

**MINK SHOW AT GARDENA CENTER**  
California Fur Breeders Assn. members will present their annual Field Day and Live Mink show, Saturday and Sunday, at the Gardena Community Center, 1651 Market St. Judging will start at 8:30 a.m., while the doors to the Center will open to attendees all day without cost, both days. A group of furriers from the Hudson's Bay Co., New York, will judge at the affair.

## Undone Turkey Might Cause Your Undoing, Health Director Warns

By ROY O. GILBERT, M.D., Los Angeles County Health Officer  
Turkey, and all the good edibles that usually accompany it, is the food that has become most closely identified with the American Thanksgiving dinner. As palatable and nutritious as turkey is, however, care must be taken in its preparation and cooking. If it isn't, the family

may end up with a bout of illness for which they will feel little inclined to give thanks. Last Thanksgiving 97 university students became acutely ill after eating a turkey dinner which had been prepared in the central kitchen of a group of five student cooperative residence halls. Of the 97, a total of 33 required hospitalization for from five to six days. The number of individuals involved makes this a rather striking example, but the same thing can happen in the family kitchen if proper precautions of cooking are not observed.

**Food Poisoning**  
Occasionally, turkeys and certain other fowls are infected with a food poisoning germ (belonging to the salmonella group of bacteria) that is generally destroyed in the cooking process. In order to destroy these germs, it is necessary to cook the turkey the required length of time at the proper temperature until done.

Many individuals have discovered that turkey, or other poultry, slices thinner and easier when underdone. Persons who are served such food, either when eating out or at home, should refuse it. Food poisoning, due to salmonella infection, is usually evident in from seven to 72 hours after the eating of food contaminated with these germs and the illness may last as long as 10 days. Symptoms include severe

diarrhea, vomiting, prostration and abdominal pain. The severity of the attack usually depends upon the degree of contamination and the amount of contaminated food that is eaten.

**Thawing Dangerous**  
Since frozen turkeys are often improperly thawed before cooking, some food poisoning or spoilage have resulted from their use whether they come from the home freezer or the market. According to experts in food preparation, there is no safer place to thaw a bird than the cold refrigerator. Home freezer wrappings should be removed and the turkey covered with loose waxed paper, but a bird may be thawed ideally in the original commercial wrappings. Two or three days in the refrigerator is needed to thaw out a large bird (14 pounds and over) but 24 hours is usually enough for one that weighs less than that.

**Cook Bird at Once**  
For speedy thawing, it is recommended that the turkey be placed under cold running water. Never thaw at room temperature or in warm water and never let the bird stand in water, warm or cold. And, regardless of the method used, the defreezing bird should be timed to permit cooking the bird as soon after thawing as possible.

Advice on stuffing the turkey includes the warning not to prepare the stuffing in advance or not to stuff the turkey until it is ready to put in the oven. After last minute preparation, the stuffing should be packed in loosely to permit expansion during the cooking process. By all means remove the stuffing from the left over turkey before storing. The turkey will keep longer this way, and the stuffing can be refrigerated in a separate container.

Follow Directions  
Ready stuffed turkeys are also on the market and are usually accompanied by cooking directions which should be fol-

lowed to the letter. If no such guide is included, they should be defrosted and cooked according to the rules already given.

This chart of oven temperatures, issued by the Poultry and Egg National Board, gives the approximate time to cook chilled stuffed turkeys:

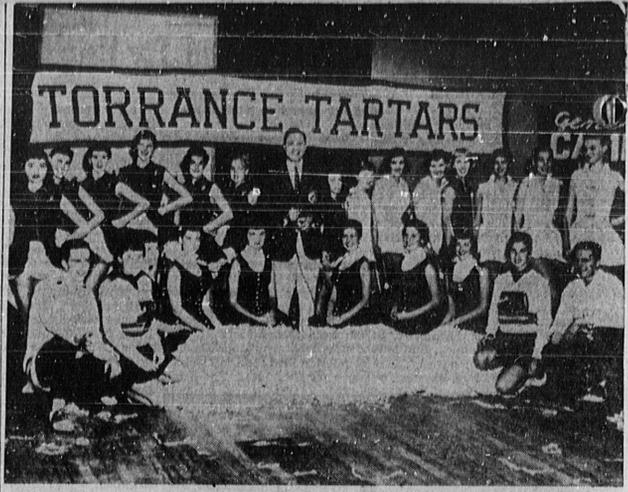
Oven Weight (lbs.)	Oven Temp. (Degrees F.)	Oven Time (hours)
6-8	325	3 1/4-4 1/2
8-12	325	4-5
12-16	325	5-6
16-20	325	6-7 1/2
20-24	325	7 1/2-9

Unstuffed turkeys, or stuffed birds at room temperature, require approximately five minutes per pound less time. The Board also reminds the housewife to add three or four lbs. to the weight of an eviscerated turkey to get the approximate oven weight of a stuffed bird.

**Aluminum Foil Cooking**  
If the housewife prefers to cook the turkey in aluminum foil, the oven temperature should be higher. For all weights of foil-wrapped turkey, oven heat is maintained at 450° F. The safe timetable for this method of cooking is:

Oven Weight	Cooking Time
6 to 9	1 1/2
10 to 14	1 3/4
15 to 18	2
19 to 24	2 1/4

Finally—please remember that all cooking times are approximate! To tell whether your particular bird is done, move the drumstick up and down. If it moves readily or twists out of the joint, the turkey is ready to take out of the oven. Another test is to press the thickest part of the drumstick or breast, protecting the fingers with cloth or paper. The bird is done if the meat feels very soft. A meat thermometer is ideal to use with turkey, however, and this might be a good season to add one to the other fine equipment in the kitchen. If such a thermometer is used in



TARTARS ON TV... Representatives of Torrance High School were on television last week, appearing on Gene Norman's "Campus Club" program. Here, Norman is surrounded by cheerleaders, song queens, and majorettes, of whom performed. Also appearing were the Goldenaires, a vocal group, who sang "Song of India." Students played parlor games and danced to current top tunes.

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**Hearing Set For Suspect**  
Preliminary hearing is set tomorrow at 9:30 a.m. in South Bay Municipal Court for John T. Vasquez, 21, who admitted to Torrance police he was involved in the burglary of Glen's Auto Parts here last week. Vasquez, who was picked up by Los Angeles police and then turned over to local authorities, gave his address as 965 W. 12th St., Los Angeles. He is accused of hauling away a 200-pound safe from the auto concern on Nov. 14. About \$60 in cash and some papers were taken in the raid.



TELLING ABOUT THIS... Darlene Wolverson and Herm Cobrea were among the Torrance High students who participated in the dancing and contest on the "Campus Club" show. Here, they tell Emcee Gene Norman about some of the activities at the school.

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**Fernandez In Exercise**  
Army Cpl. Henry Fernandez, 26, son of Mr. and Mrs. Cosme D. Fernandez, 20712 S. Western Ave., is participating in the largest Army-Air Force maneuver since World War II, Exercise Sage Brush, in Louisiana. Some 110,000 Army troops are testing the latest concepts of atomic, bacteriological, chemical and electronic warfare. Corporal Fernandez, a driver in the 3rd Infantry Division's 5th Infantry Battalion, is regularly stationed at Fort Benning Ga. He entered the Army in May 1953. Fernandez attended Torrance High School.  
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